**Your Name**

**Your complete address Your phone number &**

**Your best email address**

**PERSONAL SUPPORT WORKER**

***Dedicated, passionate and highly motivated with more than two years of quality experience and an excellent track record in providing compassionate patient care in Long Term care, Nursing Homes and community settings. Fully computer literate and proficient in both, paper and computer charting.***

**RELEVANT WORK EXPERIENCE**

**Name of the organization •** July 2010 to Present

**City, Ontario**

* Perform direct patient care, assistance with elimination/toileting/personal hygiene, nutrition, Activities of Daily Living, assisting with patient turns, mobilization and transport by being sensitive and empathetic to the needs of the residents.
* Actively participate and report in the Assessment, Care planning, Implementation and Evaluation of outcomes in the Physical Activity Programming of the residents.
* Diligently practice good sanitation and sterile techniques to avoid infection and the spread of contagious illness.
* Consistently exercise tact and diplomacy in dealing with residents, families and visitors.
* Advocating and participating in maintenance of resident’s skin integrity.

**Name of the organization •** July 2010 to Present

**City, Ontario**

* Anticipated and provided assistance with feeding, mobility, bathing, grooming, personal hygiene, toileting and incontinence care of Dementia and Alzheimer's clients in the community settings.
* Coordinated and assisted elderly patients in the community with daily chores, feeding, bathing, dressing, and housekeeping.
* Provided compassionate community respite care to the families of clients with advanced Dementia and Alzheimer’s.
* Organized social and recreational activities for clients including medication management.

**PROFESSIONAL SKILLS AND ACCOMPLISHMENTS**

* Exceptional interpersonal and comprehension skills with constant endeavours to improve and develop effective communication skills.
* Familiarity and comply with all health and safety regulations and reports any injury, illness, unsafe acts or conditions.
* Proficient in filling out necessary forms/surveys and completing mandatory paper and computer charting.
* Outstanding ability to prioritize and organize tasks according to institutional and resident needs.
* Fostered multitasking and Team Player skills with flexibility in meeting employer needs.
* Extensive experience in Long Term care, Nursing Homes and Community setting.
* Excellent attendance, punctuality and work record.

**VOLUNTEER EXPERIENCE**

**Name of the organization •** July 2010 to Present

**City, Ontario**

* Assessment and assisting in the care for Dementia, challenging behaviors, the frail elderly, palliative care or high intensity needs care.
* Advocating for residents with visual and hearing impairments and also assisting residents with Dementia and Alzheimer's.
* Collaborate with the clerk in maintaining bulletin board and update the information kiosk with new pamphlets.
* Render constructive feedback in order to improve effectiveness of the activities organized for the residents.
* Engaged in the transport of residents to the church and for other leisure activities.

**Name of the organization •** July 2010 to Present

**City, Ontario**

* Offered excellent customer service and provided information to the families/visitors and escort them to various rooms/departments of the Retirement Centre.
* Provided support to residents and staff, assisting with patient feeding, ice water delivery and clerical support.
* Providing cognitive and physical stimulation to the residents, both one on one and in groups.
* Adhering to the policies and procedures of the facility and ensuring resident safety.
* Visiting residents and encouraging social interaction.

**EDUCATION/CERTIFICATES**

* **Registered Certified Personal Support Worker**
  + Name of College
* **Standard First Aid** including Level “C” Two-Rescuer, CPR for Health care professionals’ certificate
* Name of organization from where certification received
* **Gentle Persuasive Approaches (GPA) in Dementia care, Responding to Persons with challenging behaviors**
* Advanced Gerontological Approaches (AGE)
* **The Trained Eating Assistant Program**
* Name of organization from where certification received

**PROFESSIONAL DEVELOPMENT/E-LEARNING**

* **Personal Protective Equipment course** 
  + Canadian Centre for Occupational Health and Safety
* **Pandemic Awareness**
* Canadian Centre for Occupational Health and Safety
* **Violence in Workplace: Awareness**

Canadian Centre for Occupational Health and Safety